

## **High Fidelity Wraparound Family Support Partner Job Description**

### **Project Overview**

The Diabetes Wraparound Program of UPMC Children’s Hospital of Pittsburgh (DWP) is a new program designed to develop, implement, test, and refine innovative ways to support youth (ages 12-15) with Type 1 Diabetes (T1D) and their families, by recognizing that the youth and families experience many stressors related to T1D management in every aspect of life. These stressors can involve factors in emotional, social, educational, and health/medical areas. The aim of this new program is to identify, address, and remove barriers to successful T1D management. The intended outcome is to improve management of T1D and to achieve successful living with T1D, for both the youth and their families.

DWP plans to utilize a successful process from the field of mental health called High Fidelity Wraparound (HFW). HFW provides a structured, creative, and individualized team planning process that, compared to traditional treatment planning, is more effective and relevant to meeting the needs of the child and family. HFW plans are more holistic: the youth and their family have an equal voice in determining what will and will not work for them; the plan is designed to also meet the needs of caregivers and siblings; and the process and plan addresses a range of life issues. Strong evidence of the effectiveness of HFW has been included in the Surgeon General’s reports on both Children’s Mental Health and Youth Violence and is mandated in several federal grant programs.

The proposed Diabetes Wraparound Program plans to develop and pilot HFW for twenty-five (25) youth with T1D and their families, to employ an innovative way to support youth with T1D in their own community, with the goal of improvement in: diabetes management, adjustment to the disease, quality of life, overall well-being, and healthier long-term outcomes related to blood sugar control.

### **Position Overview**

The High Fidelity Wraparound Family Support Partner will work as part of the High Fidelity Wraparound team to assist youth with T1D, and their families. The Family Support Partner will provide intensive levels of peer support, information, and teaching to the parents/caregivers to help strengthen their natural support system. The Family Support Partner will work closely with the HFW Facilitator and the HFW Youth Support Partner to support positive outcomes for the youth and family.

### **Supervisory Relationship**

The HFW Facilitator will report to the Diabetes Wraparound Program’s Physician Coordinator/Coach

### **Status:**

Full Time Regular

**Duties and Responsibilities:**

- Attend all mandatory trainings and become a credentialed HFW Family Support Partner within one year.
- Implement the 10 Principles and the 4 Phases of HFW and ensure that HFW is delivered with fidelity to the model.
- Work closely with other HFW team members to assure a coordinated approach
- Seek coaching, supervision and professional input regularly and when needed
- Work with youth and families to create and maintain a team approach
- Provide direct support, information, and teaching to the parents/caregivers as needed
- Assist the family in linking to natural and community supports
- Assist with crisis stabilization when needed
- Work with and help youth and families to learn skills, achieve their vision, and to become self sufficient
- Other non-essential duties as specified by the immediate supervisor

**Minimum Qualifications:**

- Must have direct personal experience raising a child or children (who is now ages 12-15 or older) with Type 1 Diabetes.
- High School diploma or equivalent required; Bachelor's degree preferred
- Knowledge of High Fidelity Wraparound process preferred but not necessary
- Knowledge of youth and family resources and service systems related to T1D and other physical and/or mental health services within Allegheny County.
- Team Player- ability to work with a diverse group of youth, families, clinical and professional staff, and other key stakeholders.
- Ability to engage parents/caregivers raising a child with T1D, to identify family strengths without being judgmental, and to integrate these strengths throughout the provision of services.
- Willingness to share personal story and experiences as appropriate
- Ability to model effective behaviors and appropriate skills
- Have a good sense of humor, a common sense approach, be compassionate, flexible, creative, and a good listener.
- Strong verbal and written communication skills
- Willing and eager to learn, and to be videotaped for credentialing and training purposes
- Excellent documentation skills
- Excellent time management and organizational skills
- Flexible in adapting the weekly schedule to meet the needs of the youth, families and team

**Travel, Special Conditions, or Requirements:**

Valid PA Driver's License and access to a dependable means of transportation. Requires Commonwealth of Pennsylvania Act 33/34 clearances and FBI clearance.

**Hours:** 40 hours per week. Ability to work occasional weekends and/or nights