Kristin A. Dalope, M.D. received her Bachelor’s degree in Human Development and Family Studies from Cornell University in Ithaca, NY. She went on to receive her Master’s degree in Education of the Visually Impaired and a Certificate in Advanced Educational Studies in Elementary Education at Boston College. After working as a special education teacher in Fairfax County, VA, she went to Albany Medical College and obtained her Medical Degree. She completed her triple board (pediatrics, psychiatry, and child psychiatry) residency program at the University of Pittsburgh Medical Center (UPMC).

Dr. Dalope is currently practicing as a child and adolescent psychiatrist in three different sites within the UPMC system. Through Western Psychiatric Institute and Clinic, she cares for children with autism and developmental disabilities at the Merck Clinic. She also supervises triple board residents in caring for children with medical conditions and psychiatric concerns at the Triple Board Clinic. At Children’s Hospital of Pittsburgh (CHP), she serves as the Medical Director for Inpatient Services of the Behavioral Sciences Division, and is an attending physician supervising trainees on the Behavioral Health Consultation and Liaison service at CHP.

Dr. Dalope’s clinical and research interests focus on several areas: autism and developmental disabilities, psychosomatic medicine, and media use by children and adolescents. Her work focuses on introducing trainees, primary care, and mental health practitioners to be more comfortable in working with these populations and weaving media use into evaluations.

**Abstract – Intermediate**

This presentation will review recent findings on rates of digital media use among children and adolescents, as well as the ways that they are using various forms of media and technology. The presentation will cover how digital media topics can be incorporated into the pediatrician’s evaluation of patients during a well-child check or acute visit. The presentation will utilize digital media guidelines and resources from the American Academy of Pediatrics (AAP).

**By the completion of this session, participants should be able to:**

1. Recognize the increasing use of digital media in childhood and adolescence.
3. Identify the American Academy of Pediatrics as a source of recommendations and tools for Digital Media use.
References:


