“ADHD I”

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Dr. Victoria S. Winkeller, MD, completed her residency training at the University of Pittsburgh Triple Board Program in Pediatrics, Adult Psychiatry and Child and Adolescent Psychiatry at UPMC in 2015. She served as co-chief of the Triple Board Program her final year of residency. Dr. Winkeller has provided psychiatric care at the Partial Hospitalization Program and Intensive Outpatient Program for the Center for Overcoming Problem Eating. Since graduation, she has been working at the Merck Child Outpatient Clinic and for Children’s Community Pediatrics (CCP) Behavioral Health. She recently transitioned out of her role as pediatrician at CCP Express Care.

Dr. Winkeller has been increasing her time with CCP Behavioral health and was recently appointed as medical director of Children’s Community Pediatrics Behavioral Health Services.

Abstract – Introductory
Attention-Deficit Hyperactivity Disorder (ADHD) is one of the most prominent mental health diagnoses facing pediatricians and providers of primary care to children. Estimates suggest that at least 5% of children meet criteria for ADHD. The treatment of ADHD is best accomplished with a biopsychosocial approach, but clearly medication is a major component of managing ADHD. This presentation is an introduction on the use of stimulant and non-stimulant medication in the treatment of ADHD in primary care.

By the completion of this session, participants should be able to:
1. Identify basic classes of stimulants and equivalents
2. Recognize the role of nonstimulant alternatives in the treatment of ADHD
3. Discuss the role of therapy in the treatment of ADHD

References: