Improving Access to SBIRT for Adolescents
Learning Collaborative Final Meeting
March 23, 2018
Agenda for Advanced SBIRT/Learning Collaborative

7:30 - 8:00 a.m.  Registration – Continental Breakfast

8:00 - 9:00 a.m.  Meeting Agenda and Data Review
                  Meredith Kursmark, MD and Shannon Meyers (Mikita), RN

9:00 - 10:15 a.m. Adolescent Substance Use and the Family
                   Carmen Capozzi, Founder of Sage’s Army
                   Adolescent Substance Use in Primary Care
                   Abigail Schlesinger, MD and Erin Moriarty, LCSW

10:15 - 10:30 a.m. Break

10:30 - 11:30 a.m. SBIRT - Year Two Follow-Up Planning
                   Abigail Schlesinger, MD and Jonathan Brennan

11:30 - 12:30 p.m. Lunch in Hotel Restaurant – Year One and Two SBIRT Participants
Introductions

• Abigail Schlesinger, MD
• Meredith Kursmark, MD
• Shannon Meyers (Mikita), RN
• Erin Moriarty, LCSW
• Amy Shanahan, MS, CADC
• Jodi Toscolani, M.Ed., LBS
• Michele Mesiano, LCSW
• Suzanne Daub, LCSW
• Shari Hutchison, MS, PMP
• Dennis Daley, PhD
• Jonathan Brennan
• Carmen Capozzi

Expertise: CHCS, ACAP, UCLA, IHI, Kognito
Funding: Conrad Hilton Foundation, CVS
Practices Involved

• CCP Pittsburgh Pediatrics

• CCP Moon, Wexford, South Fayette

• CCP Bass-Wolfson
Data Review
Meredith Kursmark MD and Shannon Meyers (Mikita) RN
“Meeting Agenda and Data Review”

Meredith Kurmark, MD
Pediatrician
Children’s Community Pediatrics
Physician Lead for SBIRT Learning Collaborative
Children’s Hospital of Pittsburgh of UPMC

Meredith Kurmark joined CCP Pittsburgh Pediatrics in August 2013 and has been a partner there since 2015. She has been working with the Child and Family Counseling Center to initiate Screening, Brief Intervention, and Referral to Treatment (SBIRT) in her practice and two other CCP practices.

Prior to joining CCP Pittsburgh Pediatrics, Meredith graduated from New York University School of Medicine and completed her Pediatrics Residency at Children’s Hospital of Pittsburgh of UPMC. Her residency Scholarly Project involved improving rates of sexually transmitted infection testing in the CHP Emergency Department.

Shannon Meyers (Mikita), RN
Outpatient Nurse Coordinator
Child and Family Counseling Center
Facilitator for SBIRT Learning Collaborative
Children’s Hospital of Pittsburgh of UPMC

Shannon Meyers (Mikita) RN received her Associate’s degree in Nursing from Community College of Allegheny County in 2009. She worked as a registered nurse at Western Psychiatric Institute and Clinic (WPIC) from 2009 – 2014. While at WPIC, Shannon worked with an adult patient population on the inpatient dual diagnosis unit. She worked alongside many experts in the field of motivational interviewing.

Shannon is currently an outpatient nurse coordinator at the Child and Family Counseling Center (CFCC). She joined Children’s Hospital of Pittsburgh Behavioral Health Services in 2014. Shannon works closely with Children’s Community Pediatrics (CCP) to help implement substance use screening in over 40 CCP sites across western Pennsylvania. She is also working alongside the Center for Health Care Strategies (CHCS) and UPMC Health Plan on a 3-year SBIRT Learning Collaborative. She enjoys visiting CCP practices and helping pediatricians incorporate SBIRT into their daily practice.
Abstract – Advanced

Dr. Kursmark and Shannon Meyers will review the agenda for the Final Meeting for year 1 SBIRT Learning Collaborative participants. After reviewing the meeting agenda, Dr. Kursmark and Shannon will review the SBIRT data for the 3 pilot practices from April 2017 - March 2018. This data will include the following:

- Number of well-child visits
- Number of substance screens completed
- Number of moderate and high-risk patients
- Number of brief interventions
- Number of referrals made to specialty treatment providers

Participants will have the opportunity to ask questions and discuss data with project facilitators and other participants.

Learning Objectives
By the completion of this session, participants should be able to:

1. Identify trends in screening compliance rates within their practice.
2. Determine if brief interventions were performed when a patient was screened at moderate or high risk for a substance use disorder.
3. Identify specific areas for improvement when performing brief interventions or making referrals to treatment.

Resources

2. Powers, James S. MD; Benningfield, Margaret M. MD; and Clinton, Barbara MSW(“SBIRT (Screening Brief Intervention and Referral to Treatment) - A Primary Care Tool to Assess for Substance Use Disorder”. *Tennessee Medicine E-Journal: Vol. 2: Iss. 1*, Article 5. Available at: http://ejournal.tnmed.org/home/vol2/iss1/5
Carmen Capozzi
Founder of Sage’s Army

Sage’s Army is a 501(c)(3) non-profit drug awareness/prevention organization created in honor of Sage Capozzi, a promising young man who lost his life to addiction.
Carmen Capozzi is the founder and CEO of the non-profit organization Sage's Army. The group is dedicated to raising awareness, compassion and action in addressing the problems related to drug addiction. Carmen was born and raised in Westmoreland County Pennsylvania where there is currently a drug addiction epidemic. Professionally, he is a successful businessman and the owner of Capozzi Flooring LLC.

Carmen founded Sage's Army on March 15, 2012 following the overdose death of his son, Sage, ten days earlier. In the years since the inception of Sage's Army, Carmen has led the group of dedicated volunteers through a variety of community outreach activities. Sage's Army has organized and/or attended marches and rallies aimed at informing the community about the addiction problem. They have attended vigils to recognize the victims of overdoses. Carmen and Sage's Army actively works with the Pennsylvania Department of Drug and Alcohol Programs and various State Representatives and Senators in raising awareness. Carmen has personally aided people with substance abuse disorder in need of treatment who reached out to him for help, and created a phone line in which volunteers can help with those in need. Carmen speaks regularly about Sage's story at local middle and high schools and as far as WV and Ohio.

Carmen is a Certified Recovery Coach and a Certified Recovery Specialist. Carmen is in charge of a family support group twice a month. Carmen actively works with the Westmoreland Drug and Alcohol Commission. The Governor of Pennsylvania has appointed Carmen as a member of the Pennsylvania Council on Drug and Alcohol Abuse, and he is a member of the Pennsylvania Prevention Action Network (POPAN). Carmen has testified at public hearings by the House of Judiciary Committee on the Commonwealths current heroin epidemic. Carmen has been an inspiration to many going through the loss of loved ones and helps them to see that there is hope.

Abstract – Introductory

Carmen Capozzi will share the story of his son, Sage, a promising young man who lost his life to addiction. Carmen will discuss how substance use impacted Sage's life and the other members of his family. Carmen will talk about ways to help an adolescent who is struggling with addiction and how to support a family who has a child with a substance use disorder.
Learning Objectives
By the completion of this session, participants should be able to:

1. Identify effective ways to support adolescents with substance use disorders and their families.
2. Utilize community supports when needed for families affected by substance use disorders.
3. Identify resources for adolescents and families in need of substance use treatment.

Resources
Adolescent Use in Primary Care
Abigail Schlesinger, MD and Erin Moriarty, LCSW
**“Adolescent Use in Pediatric Primary Care”**

**Abigail Schlesinger, MD**  
Medical Director, TiPS  
Clinical Director, Behavior Science Division  
Children’s Hospital of Pittsburgh  
Medical Director, Ambulatory Integrated Behavioral Healthcare  
Associate Professor  
Western Psychiatric Institute and Clinic of UPMC

Dr. Abigail Schlesinger is a child and adolescent psychiatrist with an interest in increasing access to quality behavioral health and developmental services for children and families. She was instrumental in the development of the Children’s Community Pediatrics Behavioral Health (CCPBH), a service that embeds therapist and psychiatrist in pediatric primary care. CCCBH has won local, state, and national awards for efficiently improving access to care. Dr. Schlesinger has also been recognized for her own clinical and academic expertise as Physician of the Year at Western Psychiatric Institute and Clinic (WPIC) in 2013. She also formerly served as the training director of the Child and Adolescent Psychiatry and Triple Board Programs at the University of Pittsburgh Medical Center (Children’s Hospital of Pittsburgh and Western Psychiatric Institute and Clinic). She is currently leading the integration of developmental, behavioral, and community resources for Children’s Hospital of Pittsburgh, and has been appointed as the Medical Director for TiPS (Children’s Telephonic Psychiatric Consultation Service), and Medial Director of Ambulatory Integrated Behavioral Health for WPIC.

**Erin Moriarty, LCSW**  
Clinical Supervisor, Addiction Medicine Services  
Center for Psychiatric & Chemical Dependency Services  
Western Psychiatric Institute and Clinic of UPMC

Erin Moriarty, LCSW currently serves as Clinical Supervisor at the Center for Psychiatric and Chemical Dependency Services (CPCDS) of Western Psychiatric Institute & Clinic of UPMC, which provides integrated outpatient treatment for adults and adolescents with co-occurring substance use and mental health disorders.

In addition to overseeing day-to-day operations of the clinic, Erin conducts individual and group therapy, wherein she specializes in Dialectical Behavior Therapy. Erin also collaborates with the Child and Family Counseling Center of Children’s Hospital of Pittsburgh by facilitating Screening, Brief Intervention, and Referral to Treatment (SBIRT) for adolescents at risk for problematic substance use. Erin is a Licensed Clinical Social Worker in the State of Pennsylvania and earned a Masters of Social Work degree from the University of Pittsburgh, emphasizing on direct practice in behavioral health care.
Abstract - Advanced

Dr. Schlesinger and Erin Moriarty will provide a brief overview of SBIRT (Screening, Brief Intervention, Referral to Treatment). They will discuss how to refer adolescents at risk for a substance use disorder for further evaluation. Substance use treatment options will be briefly discussed.

Learning Objectives

By the completion of this session, participants should be able to:

1. Identify the key components of SBIRT (Screening, Brief Intervention, Referral to Treatment).
2. Identify resources available to learn more about SBIRT.
3. Recognize adolescents who may need further assessment for a possible substance use disorder.

Resources

3. Substance Use Screening, Brief Intervention, and Referral to Treatment COMMITTEE ON SUBSTANCE USE AND PREVENTION. Pediatrics, Jun 2016, e20161210; DOI: 10.1542/peds.2016-1210
SBIRT - Year Two Follow-Up Planning
Abigail Schlesinger, MD and Jonathan Brennan
Dr. Abigail Schlesinger is a child and adolescent psychiatrist with an interest in increasing access to quality behavioral health and developmental services for children and families. She was instrumental in the development of the Children’s Community Pediatrics Behavioral Health (CCPBH), a service that embeds therapist and psychiatrist in pediatric primary care. CCCBH has won local, state, and national awards for efficiently improving access to care. Dr. Schlesinger has also been recognized for her own clinical and academic expertise as Physician of the Year at Western Psychiatric Institute and Clinic (WPIC) in 2013. She also formerly served as the training director of the Child and Adolescent Psychiatry and Triple Board Programs at the University of Pittsburgh Medical Center (Children’s Hospital of Pittsburgh and Western Psychiatric Institute and Clinic). She is currently leading the integration of developmental, behavioral, and community resources for Children’s Hospital of Pittsburgh, and has been appointed as the Medical Director for TiPS (Children’s Telephonic Psychiatric Consultation Service), and Medial Director of Ambulatory Integrated Behavioral Health for WPIC.

Jonathan Brennan

University of Pittsburgh
Elsie Hillman Honors Scholar

Jonathan Brennan is a senior participating in the Elsie Hillman Honors Scholars Program at the University of Pittsburgh. Under the direction of Dr. Schlesinger, his current project is to develop an anticipatory guidance pamphlet to be used during general wellness visits to prevent substance abuse in children and adolescents.

Following completion of his undergraduate studies, Jonathan will attend dental school where he wishes to maintain his involvement in substance abuse prevention.
Abstract – Advanced

Dr. Schlesinger and Jonathan will lead a group discussion with year one participants regarding year two follow up. Participants will determine what assistance they would like from the SBIRT facilitators in year two of the SBIRT Learning Collaborative. Jonathan will review substance use educational materials for adolescents and parents.

Learning Objectives
By the completion of this session, participants should be able to:

1. Identify individual practice goals for year two of the SBIRT Learning Collaborative.
2. Determine an individualized follow up plan for SBIRT facilitators to follow during year two.
3. Identify educational materials that can be provided to adolescents and their parents at office visits.

Resources

Education Materials

- Information available for teens, parents and providers

- Several formats available
  - Printed
  - Websites
  - Apps

- Several organizations provide materials free of charge
  - SAMHSA
  - NIDA
  - NIAAA
Follow-up Planning Discussion

Do you want the learning collaborative team to follow up with your practice?

What type of follow up would be helpful?

How often would you want us to check in with your practice?

Who would be the best person to contact from your practice about follow up?

How will you sustain the great progress your practice has made with SBIRT?
Are there any follow-up initiatives that your practice would be interested in?

Possibilities

• Naloxone prescribing and administration
• Drug take-back programs
• More BI role-play practice
• Quarterly newsletter
Congratulations on a job well done! Thank you for all your hard work.