“Adolescent Substance Use in Pediatric Primary Care”

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Dr. Abigail Schlesinger is a child and adolescent psychiatrist with an interest in increasing access to quality behavioral health and developmental services for children and families. She was instrumental in the development of the Children’s Community Pediatrics Behavioral Health (CCPBH), a service that embeds therapist and psychiatrist in pediatric primary care. CCCBH has won local, state, and national awards for efficiently improving access to care. Dr. Schlesinger has also been recognized for her own clinical and academic expertise as Physician of the Year at Western Psychiatric Institute and Clinic (WPIC) in 2013. She also formerly served as the training director of the Child and Adolescent Psychiatry and Triple Board Programs at the University of Pittsburgh Medical Center (Children’s Hospital of Pittsburgh and Western Psychiatric Institute and Clinic). She is currently leading the integration of developmental, behavioral, and community resources for Children’s Hospital of Pittsburgh, and has been appointed as the Medical Director for TiPS (Children’s Telephonic Psychiatric Consultation Service), and Medial Director of Ambulatory Integrated Behavioral Health for WPIC.

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Erin Moriarty, LCSW currently serves as Clinical Supervisor at the Center for Psychiatric and Chemical Dependency Services (CPCDS) of Western Psychiatric Institute & Clinic of UPMC, which provides integrated outpatient treatment for adults and adolescents with co-occurring substance use and mental health disorders.

In addition to overseeing day-to-day operations of the clinic, Erin conducts individual and group therapy, wherein she specializes in Dialectical Behavior Therapy. Erin also collaborates with the Child and Family Counseling Center of Children’s Hospital of Pittsburgh by facilitating Screening, Brief Intervention, and Referral to Treatment (SBIRT) for adolescents at risk for problematic substance use. Erin is a Licensed Clinical Social Worker in the State of Pennsylvania and earned a Masters of Social Work degree from the University of Pittsburgh, emphasizing on direct practice in behavioral health care.
Abstract - Advanced

Dr. Schlesinger and Erin Moriarty will provide a brief overview of SBIRT (Screening, Brief Intervention, Referral to Treatment). They will discuss how to refer adolescents at risk for a substance use disorder for further evaluation. Substance use treatment options will be briefly discussed.

Learning Objectives

By the completion of this session, participants should be able to:

1. Identify the key components of SBIRT (Screening, Brief Intervention, Referral to Treatment).
2. Identify resources available to learn more about SBIRT.
3. Recognize adolescents who may need further assessment for a possible substance use disorder.

Resources

3. Substance Use Screening, Brief Intervention, and Referral to Treatment COMMITTEE ON SUBSTANCE USE AND PREVENTION. *Pediatrics*, Jun 2016, e20161210; DOI: 10.1542/peds.2016-1210